

Thought for Today!

Just about any problem you may have around the home or office can be corrected with items you already have in your bathroom or pantry! The list of "cures" below is absolutely fascinating! If you want to read something even MORE fascinating, pick up a copy of *The Miraculous Results of Extremely High Doses of Vitamin D3* by Jeff T. Bowles. You will not believe what D3 can do! Sample chapters can be read on line at Amazon.com. Check it out and get ready to be AMAZED! Now, here are some other interesting facts.

GOOD FACTS TO KNOW:

1. **Budweiser** beer conditions the hair
2. **Pam** cooking spray will dry finger nail polish
3. **Cool whip** will condition your hair in 15 minutes
4. **Mayonnaise** will KILL LICE, it will also condition your hair
5. **Elmer's Glue** - paint on your face, allow it to dry, peel off and see the dead skin and blackheads if any

6. Shiny Hair - use brewed **Lipton Tea**
7. Sunburn - empty a large jar of **Nestea** into your bath water
8. Minor burn - **Colgate** or **Crest** toothpaste
9. Burn your tongue? Put **sugar** on it!
10. Arthritis? WD-40 Spray and rub in, kill insect stings too

- 11 Bee stings - **meat tenderizer**
12. Chigger bite - **Preparation H**
13. Puffy eyes - **Preparation H** (I already know where you are going with this.....)
14. Paper cut - **crazy glue** or **chap stick** (glue is used instead of sutures at most hospitals)
15. Stinky feet - **Jello!**

16. Athletes feet - **cornstarch**
17. Fungus on toenails or fingernails - **Vicks vapor rub**
18. **Kool aid** to clean dishwasher pipes. Just put in the detergent section and run a cycle, it will also clean a toilet. (Wow, and we drink this stuff)
19. **Kool Aid** can be used as a dye in paint also **Kool Aid** in **Dannon** plain yogurt as a finger paint, your kids will love it and it won't hurt them if they eat it!
20. **Peanut butter** - will get scratches out of CD's! Wipe off with a **coffee filter paper**

21. Sticking bicycle chain - **Pam** no-stick cooking spray
22. **Pam** will also remove paint, and grease from your hands! Keep a can in your garage for your hubby
23. **Peanut butter** will remove ink from the face of dolls
24. When the doll clothes are hard to put on, sprinkle with **corn starch** and watch them slide on
25. Heavy dandruff - pour on the **vinegar!**

26. Body paint - **Crisco** mixed with food coloring. Heat the Crisco in the microwave, pour in to an empty film container and mix with the food color of your choice!
- 27 Tie Dye T-shirt - mix a solution of **Kool Aid** in a container, tie a rubber band around a section of the T-shirt and soak
28. Preserving a newspaper clipping - large bottle of **club soda** and cup of **milk of magnesia**, soak for 20 min. and let dry, will last for many years!
29. A **Slinky** will hold toast and CD's!

30. To keep goggles and glasses from fogging, coat with **Colgate** toothpaste
31. Wine stains, pour on the **Morton salt** and watch it absorb into the salt.
32. To remove wax - Take a paper towel and iron it over the wax stain, it will absorb into the towel.
33. Remove labels off glassware etc. rub with **Peanut butter!**
34. Baked on food - fill container with water, get a **Bounce** paper softener and the static from the **Bounce** towel will cause the baked on food to adhere to it. Soak overnight. Also; you can use 2 **Efferdent** tablets, soak overnight!
35. Crayon on the wall - **Colgate** toothpaste and brush it!
36. Dirty grout - **Listerine**
37. Stains on clothes - **Colgate**
38. Grass stains - **Karo Syrup**
39. Grease Stains - **Coca Cola**, it will also remove grease stains from the driveway overnight. We know it will take corrosion from car batteries!
40. Fleas in your carpet? **20 Mule Team Borax**- sprinkle and let stand for 24 hours. Maybe this will work if you get them back again.
41. To keep FRESH FLOWERS longer Add a little **Clorox**, or 2 **Bayer** aspirin, or just use 7-up instead of water.
42. When you go to buy bread in the grocery store, have you ever wondered which is the freshest, so you "squeeze" for freshness or softness? Did you know that bread is delivered fresh to the stores five days a week? Monday, Tuesday, Thursday, Friday and Saturday. Each day has a different color twist tie.
They are: Monday = **Blue**,
Tuesday = **Green**,
Thursday = **Red**
Friday = **White**
Saturday = **Yellow**.
So if today was Thursday, you would want red twist tie; not white which is Fridays (almost a week old)! The colors go alphabetically by color **Blue- Green - Red - White - Yellow**, Monday through Saturday. Very easy to remember. I thought this was interesting. I looked in the grocery store and the bread wrappers DO have different twist ties, and even the ones with the plastic clips have different colors. You learn something new everyday! Enjoy fresh bread when you buy bread with the right color on the day you are shopping.
43. Hydrogen peroxide will take out blood. If it is old dried blood it may take several applications and you may have to let it stand awhile to get it all out. Apply the peroxide before washing the article. Anyone who has experienced facial surgery knows that this works.

***Don't forget Gatorade for Migraine Headaches (PowerAid doesn't work).**

Music for today:

<http://www.youtube.com/watch?v=eM-l11tqWqw&feature=related>